



HARDCORE ROADHOUSE GOSPEL

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- 1. Gracias 3:39 (Nilsen) nob/jeting.
- 2. Five Years On 3:59 (Nilsen) nob/jeting.
- 3. This Will Hurt 2:54 (Nilsen) nob/jetinc.
- 4. Quality Time 3:34 (Nilsen) nob/jetinc.
- 5. Cold Country 3:36 (Nilsen) nob/jetinc.
- 6. Best I Can Do 5:31 (Nilsen) nob/jeting.
- 7. Shallow Grave Deep South 2:47 (Nilsen) nob/jetinc.
- 8. Willin' 4:22 (Lowell George) GEMA/BIEM
- 9. Saguaro Shuffle 6:07 (Nilsen) nob/jetinc.
- 10. Regards To Kate 3:16 (Nilsen) neb/jetinc.

Produced by Olav Lystrup Thesen and Bjorn Nilsen

Recorded at:

Shabby Road Studio by Olav Lystrup Thesen. Artist Service Studios by Andreas Vang Olsen. The Botten Vintage Plant by Roy Botten. and at Urban Sound Studio by lock Loveband

Mixed by Olav Lystrup Thesen and Jock Loveband at Shabby Road Studio Mastering done by Morten Lund at Masterhuset

Artwork and cover design by Gunnar Knutsen/Tumblewine Films Photos by Ida Blyverket and Bjørn Nilsen

Special thanks:

A great big THANK YOU to friends, family, fans, fellow musicians, business partners, and everybody else whose contribution has made a difference.

May the road go on forever and the party never end.



GRACIAS

YOU COULD HAVE SONE TO CAROLINA
YOU COULD HAVE SONE TO TENNESSEE
YOU COULD HAVE READ A BOOK BY CHARLES BUKOWSKI
OR WATCHED A BIG SAME ON TO

WELL I KNOW YOUR HOURS ARE PRECIOUS AND EVERY SECOND COUNTS SO! WANNA THANK YOU FOR SPENDIN A LITTLE TIME WITH ME I WANNA THANK YOU FOR SPENDIN' A LITTLE TIME WITH ME

HERE WE ARE AGAIN LONG DISTANCE FROM THE FAR END OF THE LINE IF IT'S COLD AND DARK WHERE YOU'RE STAYING HOPE THERE'S A WAY TO MAKE YOU FEEL FINE

CAUSE I KNOW YOUR HOURS ARE PRECIOUS
AND EVERY SECOND COUNTS
SO I WANNA THANK YOU FOR SPENDIN' A LITTLE TIME WITH ME
I WANNA THANK YOU FOR SPENDIN' A LITTLE TIME WITH ME

YOU COULD HAVE HIRED DEEP INTO THE MOUNTAINS OR GORE OUT SWIMMING IN A LAKE YOU COULD HAVE CAUGHT A POPCORN MOVIE SOME TIMES WE ALL DESERVE A BREAK

WELL I KNOW YOUR HOURS ARE PRECIOUS AND EVERY SECOND COUNTS SO I WANNA THANK YOU FOR SPENDIN A LITTLE TIME WITH ME I WANNA THANK YOU FOR SPENDIN A LITTLE TIME WITH ME

FIVE YEARS ON

BEEN STUMBLING ROUND THESE CREV CITY STREETS WITH A SLURRY SPECE AND UNSTEADLY FEET MUST ADMIT THERE HAS BEEN SOME DRINKING BUT THERE WAS NOT MUCH ELSE TO DO CAUSE SOBRIETY STARTS ME THINKING AND MAKES ME BLUE, FIVE YEARS ON FROM NOW.
IT LL BE INST FIVE MORE YEARS GONE

HEY SISTER LUCK WHAT IS WRITTEN IN THE STARS, I'VE BEEN DEALT A FULL HAND OF WILD CARDS COING DOWN IN HISTORY WITH A STORY PROVEN WRONG. SOMEBODY ELSE HELD THE IGNITION ALL ALONG AND FIVE YEARS ON FROM NOW ITLL BE 10ST FIVE MORE YEARS CONE

FIVE YEARS ON FROM NOW 'S IT'LL BE JUST FIVE MORE YEARS GONE

SOME MIGHT SAY I ACT AMBITIOUS
BEEN GRANTED SEVEN DEADLY WISHES
STANDING TALL LIKE A SOLDIER ON A BARRICADE
AN HAMGE FROM WAY BACK WHEN
THAT NO-ONE CARES TO CELEBRATE BUT THEN
FIVE YEARS ON FROM NOW.
IT LL BE JUST FIVE MORE YEARS GONE
FIVE WORE YEARS GONE
FIVE MORE YEARS GONE
FIVE MORE YEARS GONE
FIVE MORE YEARS GONE

THIS WILL HURT

THIS WILL HURT
THIS WILL BE LONELY
CAUSE IF YOU JUST CAN'T STAY
AND THERE'S NO OTHER WAY
THIS WILL HURT

A TABLE SET FOR TWO
A KING SIZE BED MADE UP FOR ONE
WE BOTH KNOW WHAT IS COMING
BEFORE THE EVENING'S GONE
I LIGHT A SINGLE CANDLE
AND WATCH IT START TO SHINE
THEN OPEN UP A BOTTLE OF CALIFORNIAN WINE
AND THINK TO MYSELF

THIS WILL HURT
THIS WILL BE LONELY
CAUSE IF YOU GOTTA GO
THEN BABY I JUST KNOW
THIS WILL HURT

I'LL FACE THE CRUCIFIXION TAKE IT LIKE A MAN CUT OFF MY EMOTIONS THE BEST WAY THAT I CAN AND THINK TO MYSELF

THIS WILL BUE LONELY
THIS WILL BE LONELY
CAUSE IF YOU JUST CAN'T STAY
THEN ALL I GOTTA SAY IS
THIS WILL HURT
THIS WILL BE LONELY
CAUSE IF YOU BOTTA GO
THEN BABY I JUST KNOW
THIS WILL HURT
IF YOU GOTTA GO
THEN BABY I KNOW
THIS WILL HURT

OUALITY TIME

FROM AN ASSEMBLY-LINE UP IN MICHIGAN TO A DIRT ROAD DOWN IN THE SOUTHERN LAND THE SUSPENSION'S LOW THE SEATS ARE WIDE THE CHASSIS'S LEAN SUCH A PERFECT RIDE

QUALITY TIME
QUALITY TIME
I'D GLADLY SPEND MY FINAL DIME ON SOME QUALITY TIME

A FOURTEEN-FOOT LONG BOAT MADE BY HAND AND WOOD SOME DECENT WEATHER AND LIFE SURE IS GOOD A NEW CUT POLE A BUCKETFUL OF BAIT OPEN UP A COLD ONE RELAX AND WAIT

QUALITY TIME QUALITY TIME I'D GLADLY SPEND MY FINAL DIME ON SOME QUALITY TIME

THAT JERK IN THE TRAFFIC JAM WHO FLIPPED ME THE BIRD GUESS HIS WIFE IS CHEATING AND HIS KID IS A NERD BUT WHEN HIS BODY'S BUILDING UP A HEART ATTACK I'LL BE SLOWING DOWN FLAT ON MY BACK

IN THE SHADE OF A PALM ON A SECRET BEACH WHERE THE CITY SMOG IS OUT OF REACH TAKE A DEEP BREATH SMELL THE SEA AS LIFE GOES BY SO GRACEFULLY

QUALITY TIME
QUALITY TIME
I'D GLADLY SPEND MY FINAL DIME ON SOME QUALITY TIME

COLD COUNTRY

CAN'T TELL NO DIFFERENCE BETWEEN UP AND DOWN
CURSING AT THE MOON KICKING ROCKS ACROSS THE GROUND
WAY OUTSIDE OF ANY SIGHT OF SCENE
"CAUSE WHAT HAPPENS IN THE CITY CAN BE HARD TO EXPLAIN
SHOES FULL OF BUST HEAD FULL OF RAIN
THE NIGHTS ARE HARD THE ROAD IS LONG AND MEAN

THERE'S A WILD WIND BLOWING AND IT WON'T SLOW DOWN DRIVING A POOR BOY FROM TOWN TO TOWN IT'S A COLD COUNTRY SINCE YOU'VE GONE IT'S A COLD COUNTRY SINCE YOU'VE GONE

KEEP UP THE ACT AS A TRAVELING MAN
WORKING SO HARD DOING THE BEST THAT HE CAN
PAYING THE PRICE FOR WHAT SHOULD WE BEEN FREE
STARING OUT THE WINDOW AT ALL THE THINGS WE PASS
BUT ALL! SEEM TO GET IS MY REFLECTION IN THE GLASS
AND ALL! EVER DO IS 1UST AGREE

THERE'S A WILD WIND BLOWING AND IT WON'T SLOW DOWN DRIVING A POOR BOY FROM TOWN TO TOWN IT'S A COLD COUNTRY SINCE YOU'VE GONE IT'S A COLD COUNTRY SINCE YOU'VE GONE

BEST I CAN DO

THOUSANDS OF MILES BETWEEN US DESERT SAND AND CONCRETE IM ON MY BACK IN A TRAIN COACH YOU RE WALKING A CROWDED STREET TEMPTATIONS SOMETIMES COME ALONG TO TEST A WEAK WEAK SOUL DO YOU KNOW HOW MUCH YOU MEAN TO ME GUESS I NEVER TOLD YOU SO BUT WE'RE THE ONLY THING IN THIS WORLD THAT KEEPS ME FROM BEING BLUE SO WHY WOULD I RISK IT BY BEING UNTRUE WHEN HONEY YOU'RE THE BEST I CAN DO

ALL ACROSS THE FLATLANDS
FADED NEON LIGHTS
THERE S A JUNGLE OUT THERE OF ONE-LINERS
PARTIES AND SAD SIGHTS
HELLO GOODDYE HOPE TO SEE YOU SOON
WE'VE HEARD IT ALL BEFORE
THEN THE REWARD WAITING UP AHEAD
ON A GOLDEN SHINY SHORE
AND JUST KIND OF GREW
WHY WOULD I RISK IT BY BEING UNTRUE
WHEN HOMEY YOU'RE THE BEST I CAN DO

GOO KEEPS THESE FEET FROM RESTING BOUND TO TRAVEL. THI. DIE ACROSS MOUNTAINS PLAINS AND VALLEYS AS TIME GOES DRIFTING BY SOME GUYS SEEK REDEMPTION OR THE COMFORT OF BROKEN TOYS I TRY TO BEAT THE VAMITY OF THIS REAL LIFE RODED HIGHWAYS FILLED WITH CANDY COLORED CARS AND MEMORIES STUCK LIKE GLUE WHY WOULD I RISK IT BY BEING UNTRUE WHEN HOREY YOU'RE THE BEST I CAN DO WHEN HOREY YOU'RE THE BEST I CAN DO

SHALLOW GRAVE - DEEP SOUTH

IN A SHALLOW GRAVE IN THE DEEP SOUTH MAY HE REST IN PEACE WHERE GATORS REIGN SOMEDAY ONE MIGHT FIND HIS REMAINS IN A SHALLOW GRAVE IN THE DEEP SOUTH

HE CAME DOWN FROM NEW ENGLAND
A SLICK UV LEAGUE GUY.
INVESTIGATING THE ROOTS
ON HIS FATHERS SIDE
WHEN HE OUDSTIONED THEIR RELIGION
THEY SAID HE'S UNKIND
BUT WHEN HE QUESTIONED ELVIS
HE CROSSED THE LINE.

IN A SHALLOW CRAVE IN THE DEEP SOUTH MAY HE REST IN PEACE WHERE GATORS REIGN SOMEDAY ONE MIGHT FIND HIS REMAINS IN A SHALLOW GRAVE IN THE DEEP SOUTH

THE SHERIFF CAME A CALLING HAD A CASE TO CLOSE NOT A THING'S BEEN SEEN OR HEARD IT WAS DIE OF THOSE RUT THEY FOUND A CELL PHONE BY THE RIVER SIDE AND THEY FOUND A LAPTOP BEING CRICKEN FRIED

IN A STALLOW GRAVE IN THE DEEP SOUTH MAY HE REST IN PEACE WHERE GATORS REIGN SOMEDAY ONE MIGHT FIND HIS REMAINS.
IN A STALLOW GRAVE IN THE DEEP SOUTH IN A STALLOW GRAVE IN THE DEEP SOUTH

REGARDS TO KATE

GIVE MY REGARDS TO KATE
TELL HER I VE CONQUERED MY HATE
AND I HOPE THAT HER BABY ISN'T BORN WITH AIDS
SO GIVE MY REGARDS TO KATE

CIVE MY REGARDS TO LOU ANN
HEARD THAT SHE'S GOT A NEW MAN
HOPE HE DOESN'T BEAT HER TO DEATH WITH A CAN
SO GIVE MY REGARDS TO LOU ANN

GIVE MY REGARDS TO LOUISE
GUESS SHE'S STILL BLOWING WITH THE BREEZE
HOPE SHE DOESN'T SPEND TOO MUCH TIME ON HER KNEES
SO GIVE MY RECARDS TO LOUISE

GIVE MY REGARDS TO MARIE SHE'S A GOOD CELEBRITY JUST HOPE THAT HER RAPIST IS STILL NOT SET FREE SO GIVE MY REGARDS TO MARIE

GIVE MY RECARDS TO JANE
TELL HER OUR LOVE WAS IN VAIN
HOPE THAT HER NEIGHBORS DON'T DRIVE HER INSANE
SO GIVE MY REGARDS TO JANE

GIVE MY REGARDS TO LIZ BROWN SORRY FOR LETTING HER DOWN NOW I CAN'T EVEN GET ARRESTED IN THIS TOWN SO GIVE MY REGARDS TO LIZ BROWN

BUT MOST OF ALL GIVE MY REGARDS TO KATE GIVE MY REGARDS TO KATE





Musicians:

Bjorn Nilsen - vocals, electric & acoustic guitars, bass (3), banja, harmonica

Ivar H. Johansen - drums and percussion

Erlend Holland - bass, backing vocals

Joachim Svendsen - electric & acoustic guitars (6-9), backing vocals, bass (10)

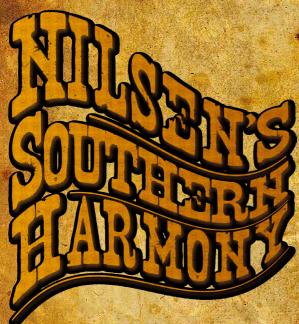
Pål Emil Berg - drums (1)

Hans Petter Kværner - drums (8)

Roy Botten - harmonica and organ (8)

Cato Monrad - mandolin (8)

Audun Norgaard - backing vocals (6, 10)



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